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| ***Welcome*** |
| When have you gone through a battle in your life, and how did you overcome it? |
| ***Memory Verse*** |
| Ephesians 6:10–11  Everyone stand up and move around the room, speaking out this verse to each other and declaring it to one another as an encouragement. Or alternatively, pair up and read the verse out to each other, putting the other person’s name in where appropriate. |
| ***Worship*** |
| Share verses that have given you strength in the Lord. Encourage one another with them. Choose a song that focuses on the victory of Christ and sing or meditate together. |
| ***Word*** |
| Reflect on the message from Sunday and the *Transformed Living* book  Read Ephesians 6:10–20   * Would you agree that the words ‘sit, walk, stand’ are a good overview of the book of Ephesians? Why or why not? * What are the spiritual battles in our day and age? * What does it mean for us to stand and be ‘strong in the Lord’? * How did you relate to the analogy of the journey between D-Day and VE-Day in World War Two? * Read through the various particular aspects of the Armour of God. Are there any that you are specifically drawn to at this time? Why do you think this is? * How can we as individuals, or as a group, grow in prayer, and its application as a powerful shield? * In summary of the whole series, what are the key things we have learned individually? What do you intend to put into practice so that you continue to grow in Christ? |
| ***Witness*** |
| Pray for leaders and those in your group. Pray for the persecuted Church, that they may stand firm and see the advance of the gospel. |